Making Sense.
Making Decisions.
Making a Difference.

Crucial Advising

Beating Burnout

Dodging Dissatisfation, Avoiding Apathy, and Fending off Fatigue

Understand What Drives People

A Crucial Talk

Key Takeaways

1. Employee burnout can cause physical and psychological issues.
2. Burnout costs time, money, and productivity.
3. We can deal with and prevent burnout through social processes.
4. Dissatisfaction, apathy, and fatigue can be prevented.

Presentation Summary

People get burned out.
When employee burnout happens, it can result in psycholgical and physical issues costing organizations time, money, and productivity.
The workplace experience is important to employee morale, employee retention, and employee engagement.
Three legs of the "burnout stool" include dissatisfaction, apathy, and fatigue.
We can beat burnout with social belonging and social esteem.

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Value Added:

- Takeaways give valuable knowledge
- Tools can be used immediately
- Attendees are given a new lens to view their world
- Social media is used to promote the event and organization
- Event and organization discussed on ***The Crucial Talks Podcast***
- Mike is available before, during and after the event